

Welcome to...

essence *beauty therapy*



Welcome to Essence Hair and Beauty Salon at Carlisle College

Whether you're looking to study a Hair and Beauty course, or you want to experience a variety of treatments then please come along, relax and join us!

All treatments carried out by trainee therapists and are monitored and supervised by highly trained staff, with extensive experience and industry backgrounds. The modern and well equipped salon offer a wide range of treatments including manicures, facials, hair styling, massage and much more.

The salon offers competitive prices and treatments for all occasions including manicures, pedicures, facial treatments, waxing, tanning, lash treatments, hair services and much more.





Facilities



Opening Times

Our opening times and treatments on offer vary throughout the academic year, **opening term time only and closed weekends.**

Call or message for
enquiries on bookings.
Subject to availability.



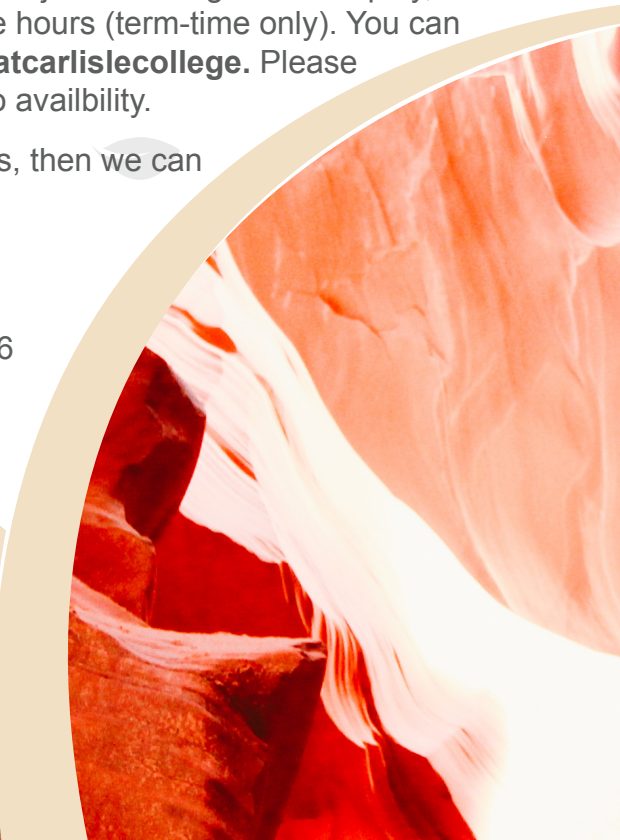
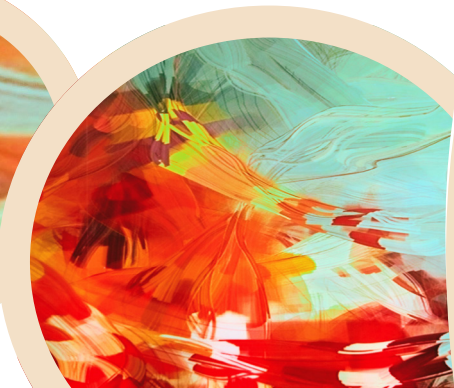
Appointments

If you would like to book an appointment for a salon treatment or just have a general enquiry, please call **Essence reception** on **01228 822813** during office hours (term-time only). You can also message us any questions via our Instagram **@essenceatcarlislecollege**. Please be aware that client sessions are term time only and subject to availability.

If you provide your mobile number and name, or email address, then we can either text or email you our latest deals and offers.

We look forward to welcoming you!

Important: Please be aware we do not allow children under 16 years of age in Essence, unless accompanied by an adult.



Prices and Treatment Information Facials and Skincare

Our signature facials are designed to restore your skin's natural glow. Focus is spent on tackling your unique skin care concerns - anything from hyper - pigmentation, sensitivity, dehydration, acne or overall anti - ageing using the most results - oriented treatments. All facials come with personalised advice on your homecare routine.

Our Essence Facials provide eight steps to enhance your skin, including a consultation, skin analysis, Essence cleansing, brush cleanse, exfoliation, steam / extraction (if required), personalised facial massage, skin - specific mask and moisturisers. Results - oriented treatments. All facials come with personalised advice on your homecare routine.

Eve Taylor Facials

30 minutes

60 minutes



£6

£9

Complete Essence Skincare Specifics

These utilise our signature eight step program including a consultation, skin analysis, Essence cleansing, brush cleansing, exfoliation, steam / extraction (if required), use of specific facial machinery to meet your specific skincare needs, personalised facial massage, skin - specific mask and moisturisers.

Plus a little more....

+ Microdermabrasion

Mechanical exfoliation to remove the outermost layers of dead skin cells from the epidermis leaving the skin rejuvenated and youthful. Ideal for all skin types.

+ Non-surgical face lift

This is the perfect remedy for skin in need of tightening and toning.

+ Lymphatic Drainage & Vacuum suction

The facial uses specialist drainage techniques to brighten any complexion and eliminate toxins. A perfect detox for any skin type.

+ Deep cleansing and target specific treatment

This facial uses opposites in polarity to draw out impurities whilst using specialist gels to treat specific problem areas.

+ Firming and lifting

This is the perfect remedy for skin in need of tightening and toning.

***All Skincare Specifics will include a complementary scalp massage**

*

£10
75 mins



Eyebrow Shaping

Through precision tweezing and trimming, your eyebrows are sculpted into the perfect shape for your unique facial features and eyebrows' natural hair growth pattern. The service ends with light brow makeup or highlight - **15 minutes**

Tinting

Tint is applied to brows and/or lashes to enhance colour, accentuate shape and increase thickness. Perfect for those with light blonde, extra-dark or greying brows.

***A patch test is required a minimum of 72 hours prior to the treatment.**

Eyebrow

£5

Eyelash

£4

Eyebrow & Eyelash

£6

£10





Waxing

Remove away unwanted body hair with a luxury cream wax or the Multi flex Tea Tree Wax, it's skin - friendly, less painful and does not cause irritation.

Eye brow

Eye brow Shaping (Tweezers)

Lip

Chin

Lip & Chin

Half Leg (to the knee)

Full Leg

Underarm (hot or warm wax)

Bikini (hot or warm wax)

Full Leg & Bikini

£6

£5

£5

£5

£7

£9

£16

£9

£9

£19

St Tropez Tanning

It's said that "everyone looks better with a tan." After all, a suntan gives most people an outward appearance of health, youth and vigour. The tanning process allows a person with pale or pasty skin to appear as if they've returned from a trip to an island paradise. You may even fool your friends and co-workers into believing that you've been on holiday in some faraway romantic destination.

If you do have a getaway trip or tropical travel on the horizon, it's always wise to get a start on your island tan.

Achieving a smooth tan is additionally something that works to showcase a special outfit at an upcoming party or evening out.

****A patch test is required a minimum of 72 hours prior to the treatment.***

Spray Tanning - 30 minutes

Cream Tan - 60 minutes

£15

£18

St Tropez



Hands and Feet

Manicure

This luxurious manicure is designed to preserve the vitality of nails and the health of your hands. First hands are treated with luxurious products to treat and enhance the condition of the skin. Nails are shaped and buffed, cuticles tidied and nails are finished with your choice of polish.

30 minutes (file and tidy hands)

£6

60 minutes (manicure)

£8

75 minutes (luxury manicure)

£11

Pedicure

This luxurious pedicure is designed to renew and restore super soft feet. First feet are treated with luxurious products to treat and enhance the condition of the skin. Nails are shaped and cuticles tidied before an indulgent foot massage. Nails are finished with your choice of polish.

30 minutes (file and tidy feet)

£6

60 minutes (pedicure)

£10

75 minutes (luxury pedicure)

£12

Massage

These hero treatments release tension held in every part of the body, leaving you feeling deeply relaxed and recharged. Carefully applied pressures stimulate the nervous system, Swedish and neuromuscular techniques relieve muscular tension, and lymphatic drainage helps encourage a healthy circulation.

Massage

Back Massage - 30 minutes

£7

Full Body Massage - 75 minutes

£12

Add a head massage for an extra £2

Indian Head Massage - 45 minutes

£9



Aromatherapy

With expert advice from your therapist, you will choose a signature oil blend best adapted to your emotional and physical needs. Each essential oil blend is formulated with natural plant and flower oils, with powerful therapeutic benefits for body and mind. This intense massage ritual will dissolve your strains and stresses away.

Reflexology

£12

Back Massage

£7

Full Body Aromatherapy Massage

£12

Microblading

Microblading **£10 off for students*

£40

Microneedling

£7

Chemical Peel

£12



Body Treatments

COMPLETE ESSENSE BODY SPECIFICS

(a detailed consultation is required prior to booking to ensure you are suitable for these treatments)

These utilise our signature eight step program including a consultation, body analysis, dry body brushing, Essence Cleansing, exfoliation, use of specific machinery to meet your body care concerns, personalised body massage, skin-specific mask and moisturisers.

Plus a little more...

+ Microdermabrasion

Mechanical exfoliation to remove the outermost layers of dead skin cells from the epidermis leaving the skin rejuvenated and youthful. Ideal for all body types.

+ Non Surgical Body Lift

This is the perfect remedy for skin in need of tightening and toning.

+ Lymphatic Drainage & Vacuum Suction

The body treatment uses specialist drainage techniques to brighten skin and eliminate toxins. Excellent for those stubborn areas and for the treatment of cellulite.

+ Deep Cleansing and Target Specific Treatment (Galvanic)


This body treatment uses opposites in polarity to draw out impurities whilst using specialist gels to treat problem areas such as poor circulation and cellulite.

+ Firming and Lifting (EMS)

This is the perfect remedy for a body in need of tightening and toning.

All body Specifics will include a complementary scalp massage

£10
75 mins



Essence Skin My Tips...

- *Drink lots of water*
- *Wear sunscreeneven on cloudy days*
- *Get your beauty sleep*
- *Moisturise daily*
- *Mask weekly*
- *Exfoliate once a week*
- *Eat a healthy diet rich in fresh vegetables, fruits and proteins.*
- *Exercise regularly*
- *Reduce Stress*
- *Enjoy a monthly treatment at Essence Beauty*



Welcome to...
essence hair salon

Hair

At Essence Hairdressing Salon at Carlisle College our trainee stylists offer consultations and individual advice on looking after your hair in between salon visits.

At Essence Hairdressing we use award winning Neal & Wolf products which are available to purchase from our salon range along with free professional advice.

Through training we strive to ensure our clients receive a professional service and advice on trends, products, treatments and innovations within the world of hairdressing.



NEÄL & WOLF
INDULGENCE REDEFINED



Colouring Treatments

Semi-permanent and set

Quasi colour

Permanent full head colour

Permanent colour regrowth

Full head colour and woven foils

Full head woven foils

T - section woven foils

Pulled through highlights (using a cap)

Silky reload colour

£10

£16

£22

£18

from £30

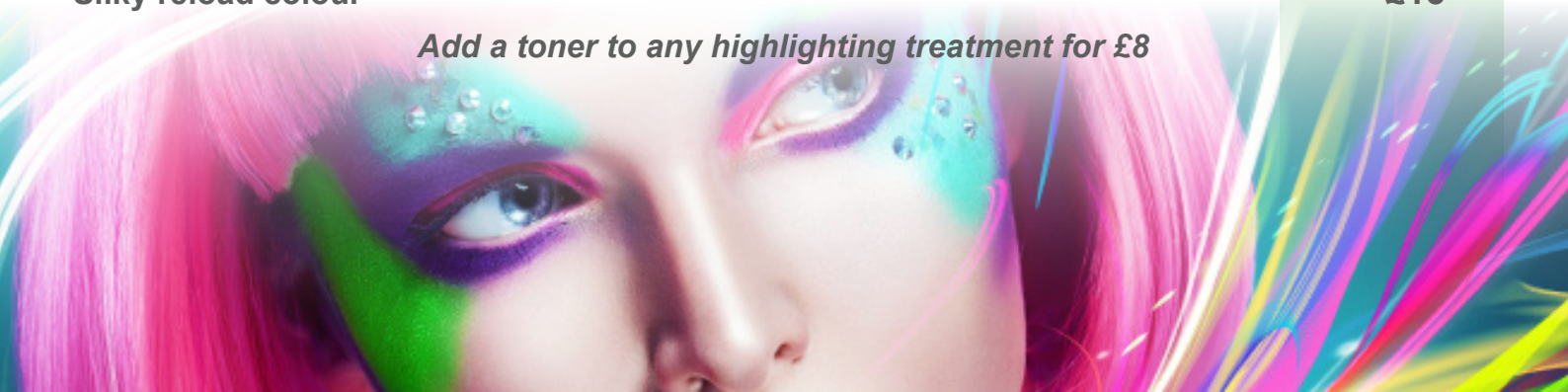
from £30

from £20

from £15

£15

Add a toner to any highlighting treatment for £8



Hair Treatments

Blow dry (short to medium hair)

Curly blow dry (below shoulders) **add conditioning treatment for £2*

Hair up

Ladies cut and blow dry

Restyle cut and blow dry

Heated styling

£8

£12

£7

£12

£18

£5







The Barbering Department covers a vast array of barbering services. Within Barbering we offer current, fashionable and traditional techniques accommodating all ages, and trends.

With such a vast array of styles there really is something for everyone.



Barber Shop

Gent's trim - Donations to Essence Salon

